

# JUNE PEDIATRIC CONSULTING

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Pediatric Behavioral and Mental Health Services



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## YOUTH PERSONAL HISTORY

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Client Information

Client's Last Name                      First                      Middle

Birth Date                      Age                      Sex                      Phone No.  
\_\_\_\_/\_\_\_\_/\_\_\_\_

Please fill out below if you are completing this form on behalf of the client:

|                          |                          |   |
|--------------------------|--------------------------|---|
| Name                     | Relationship to Client   | Does the Client live with you?<br>Y / N |
| Home Phone No.<br>(    ) | Cell Phone No.<br>(    ) | Work Phone No.<br>(    )                |

Primary reason(s) for seeking services: \_\_\_\_\_

Briefly discuss how the above symptoms impair the client's ability to function effectively: \_\_\_\_\_

### Home Information

Home Address: \_\_\_\_\_

Main language spoken at home:  English    Spanish    Other: \_\_\_\_\_

Please list all adults and children who live at home with the client:

| Name | Age | Relationship to Client |
|------|-----|------------------------|
|      |     |                        |
|      |     |                        |
|      |     |                        |
|      |     |                        |
|      |     |                        |
|      |     |                        |

Please explain if there any living arrangements, custody issues, parental divorce/disagreements, or other concerns:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## General Medical/Physical Health History

|                                      |                            |
|--------------------------------------|----------------------------|
| Name of Primary Care Provider/Clinic | Phone No.<br>( )           |
| Address:                             | Date of last physical exam |

Up to date with immunizations?  Yes  No  Unsure

Please list any allergies (including medications and foods): \_\_\_\_\_

Dates and reasons for prior hospitalizations: \_\_\_\_\_

Dates and reasons for prior surgeries: \_\_\_\_\_

Any complications with the client's birth?  Yes  No  Unsure

If yes, please explain: \_\_\_\_\_

Use of alcohol, drugs, or tobacco by client's mother during pregnancy?  Yes  No  Unsure

If yes, please list substance and frequency if known: \_\_\_\_\_

Does the client have any health concerns?

| Concern   | Current                  | In the past              |
|---|--------------------------|--------------------------|
| Genetic disorder  | <input type="checkbox"/> | <input type="checkbox"/> |
| Significant weight loss or gain   | <input type="checkbox"/> | <input type="checkbox"/> |
| Seizures  | <input type="checkbox"/> | <input type="checkbox"/> |
| Tics, tremors, unusual movements  | <input type="checkbox"/> | <input type="checkbox"/> |
| Headaches   | <input type="checkbox"/> | <input type="checkbox"/> |
| Head/brain injury (concussion, trauma, loss of consciousness, etc.)                 | <input type="checkbox"/> | <input type="checkbox"/> |
| Vision or hearing problem   | <input type="checkbox"/> | <input type="checkbox"/> |
| Heart problem (arrhythmias, murmurs, chest pain, palpitations, fainting, etc.)      | <input type="checkbox"/> | <input type="checkbox"/> |
| Respiratory problem (asthma, wheezing, chronic cough, TB, etc.)                     | <input type="checkbox"/> | <input type="checkbox"/> |
| GI problem (vomiting, reflux/heartburn, stomach pain, diarrhea, constipation, etc.) | <input type="checkbox"/> | <input type="checkbox"/> |
| Kidney/bladder/genital problems   | <input type="checkbox"/> | <input type="checkbox"/> |
| Skin problems (rashes, excessive itching or dryness, change in skin color, etc.)    | <input type="checkbox"/> | <input type="checkbox"/> |
| Anemia or blood disorders   | <input type="checkbox"/> | <input type="checkbox"/> |
| Endocrine or hormone disorders (diabetes, thyroid conditions, etc.)                 | <input type="checkbox"/> | <input type="checkbox"/> |
| Bone, joint, or muscle problems   | <input type="checkbox"/> | <input type="checkbox"/> |
| Health concern not listed above, please explain:                                    | <input type="checkbox"/> | <input type="checkbox"/> |

**If you selected any of the boxes above, please describe:**

\_\_\_\_\_

What medicines, vitamins, and nutrition supplements are currently used?

| Medicine | Dose (how many mg and how often) | Reason |
|----------|----------------------------------|--------|
|          |                                  |        |
|          |                                  |        |
|          |                                  |        |
|          |                                  |        |
|          |                                  |        |
|          |                                  |        |
|          |                                  |        |

### Development, Behavioral, and Mental Health History

Current education/school and grade: \_\_\_\_\_

Any academic difficulties or discipline problems at school?  Yes  No

If yes, please explain: \_\_\_\_\_

Does the client have any of the following supports?

- 504 plan  IEP  District-based services  Special education teacher  Small classroom  
 Counseling  Learning/resource room  Speech therapy  Physical/occupation therapy  Other:

Please describe any concerns about the client's development: \_\_\_\_\_

Has the client ever experienced any traumatic event, including but not limited to: death of someone close, natural disaster, divorce of parents/caregivers, or witnessing violence?  Yes  No  Unsure

If yes, please explain: \_\_\_\_\_

Is there a personal history of neglect, physical, emotional, or sexual abuse?  Yes  No  Unsure

If yes, please explain: \_\_\_\_\_

Has the client ever been diagnosed with a psychiatric or neurological disorder?  Yes  No  Unsure

If so, what were they diagnosed with?  Autism  ADD/ADHD  Anxiety disorder

Development Delays  Depression  Other: \_\_\_\_\_

Who made the diagnosis and when? \_\_\_\_\_

Is the client currently involved in counseling?  Yes  No

If yes, please list the therapist and their contact information: \_\_\_\_\_

Were medicines to treat mental health or behavior problems used in the past?

| Medicine | Dose | Start Date | End Date | Response |
|----------|------|------------|----------|----------|
|          |      |            |          |          |
|          |      |            |          |          |
|          |      |            |          |          |
|          |      |            |          |          |

Please list any clubs, activities, or sports the client is involved with: \_\_\_\_\_

Please list the client's strengths. What are his/her interests? What things are going well? \_\_\_\_\_

How does the client cope with anger and frustration? \_\_\_\_\_

Are there weapons kept in the client's home?  Yes  No  Unsure

Any use of recreational drugs or illegal substances?  Yes  No  Unsure

If yes, please specify: \_\_\_\_\_

What concerns do you have right now?

| Concern   |                          |
|---|--------------------------|
| Motor skills (walking, running, using hands, writing, using utensils, etc.)               | <input type="checkbox"/> |
| Communication skills (using words/gestures, expressing wants/needs, understanding others) | <input type="checkbox"/> |
| Social skills (making friends, playing with others, showing interest in others)           | <input type="checkbox"/> |
| Thinking, learning, and memory  | <input type="checkbox"/> |
| Short attention span  | <input type="checkbox"/> |
| Hyperactivity (constantly moving, restless, active, etc.)                                 | <input type="checkbox"/> |
| Anxiety (worrying, shy, fearful, problems with separation)                                | <input type="checkbox"/> |
| Repetitive thoughts/behaviors (does things over and over, gets "stuck", etc.)             | <input type="checkbox"/> |
| Repetitive motor mannerisms (rocks, flaps hands, paces, etc.)                             | <input type="checkbox"/> |
| Mood swings/irritability  | <input type="checkbox"/> |
| Tantrums  | <input type="checkbox"/> |
| Aggression towards self or others (hits or bites, bangs head, etc.)                       | <input type="checkbox"/> |
| Sensory issues (sensitive to sounds, touch, smell, etc.)                                  | <input type="checkbox"/> |
| Self-care (feeding self, getting dressed, helping around the house, etc.)                 | <input type="checkbox"/> |
| Sleep problems (trouble falling asleep, wakes frequently, etc.)                           | <input type="checkbox"/> |
| Safety concerns (runs away, poor awareness of surroundings, climbs furniture, etc.)       | <input type="checkbox"/> |
| Other behavior concerns, please explain:  | <input type="checkbox"/> |

**Please make notes about any concerns selected above:**

\_\_\_\_\_

## Family History

Please indicate if someone in the client's biological family has any of the following disorders:

| Disorder  |                          | Relationship |
|---|--------------------------|--------------|
| ADHD  | <input type="checkbox"/> |              |
| Anxiety   | <input type="checkbox"/> |              |
| Alcoholism or substance addiction                 | <input type="checkbox"/> |              |
| Autism spectrum disorder                          | <input type="checkbox"/> |              |
| Visual or hearing impairment in childhood         | <input type="checkbox"/> |              |
| Bipolar disorder                                  | <input type="checkbox"/> |              |
| Cerebral palsy                                    | <input type="checkbox"/> |              |
| Depression  | <input type="checkbox"/> |              |
| Diabetes  | <input type="checkbox"/> |              |
| Heart rhythm problems or murmurs                  | <input type="checkbox"/> |              |
| Heart attack at young age (under age 40)          | <input type="checkbox"/> |              |
| Intellectual disability                           | <input type="checkbox"/> |              |
| Learning disability                               | <input type="checkbox"/> |              |
| Migraine headaches                                | <input type="checkbox"/> |              |
| Schizophrenia                                     | <input type="checkbox"/> |              |
| Seizures  | <input type="checkbox"/> |              |
| Speech delay or disorder                          | <input type="checkbox"/> |              |
| Sudden, unexpected death not due to accident      | <input type="checkbox"/> |              |
| Suicidal attempt or completion                    | <input type="checkbox"/> |              |
| Tremor or other problem with moving muscles       | <input type="checkbox"/> |              |
| Other condition not listed above, please explain: | <input type="checkbox"/> |              |

**Please make notes about any selected above:**

### Consent for Evaluation:

I certify that the above facts are true to the best of my knowledge. I request to be evaluated and consent to receive treatment by June Pediatric Consulting, PLLC.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Client Printed Name:** \_\_\_\_\_

The authorization below is given on the client's behalf because the client is a minor or unable to sign.

**Name:** \_\_\_\_\_ **Relationship to Client:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**\*\*For patients aged 13-18, please have both the adolescent and parent/guardian sign**